



THE NORTHWEST
WELLBEING HUB

Hyperbaric Oxygen Therapy Packages

★ 1 session of HBOT: **£70.00**

For those who are wanting to super oxygenate their system, whilst trying out the hyperbaric oxygen therapy experience.

★ 5 sessions of HBOT: **£330.00**

Generally used by those wishing to help give their body a quick boost in health and vitality, precondition their organs before or after **surgery**, provide a complement for **physical therapy, orthopaedic/chiropractic** manipulation, **massage**, or any other **body therapies**.

- **Energise** your body, giving you a general feeling of strength and well being
- **Quickly reduce on-going inflammation** throughout the body
- **Strong protection** of the body and all its organs including the brain, liver, and heart

★ 10 sessions of HBOT: **£650.00**

Typically used for those who have recent injuries like **sprains** or **strains**, and also has shown dramatic relief in painful joints or tissue.

- Strong **pain-relief** and reduction in swelling
- Help repair acute and **recent injuries**

★ 20 sessions of HBOT: **£1250.00**

Preferred for those who require major tissue repair that involves enhancing the body's regenerative capacities

- **Help to mobilise new stem cell production**
- **Stimulate new collagen and new tissue**
- **Help create new blood flow and circulation**

Such as **Anti ageing, Atherosclerosis, Diabetes, Chronic infections, Crohn's, Colitis, Long Covid, Cancer, non healing wounds.**

★ 40 Sessions of HBOT: **£2400.00**

Often Reserved for those who have **very serious** or **chronic** (long-lasting) **injuries** or conditions or those who are more proactive in their health and want to reduce the chances of having major health challenges or crisis

- Help the body recover from **major health challenges**
- Help **fight infections** and **diseases**
- Help **combat ageing** and **degenerative diseases**

Such as **Cancer, Parkinson's, Stroke, Brain Injury, Concussion, Alzheimers, Chronic Migraines, Autism**

*A one off charge of £5.95 is required for your own mask and delivery system.

Our Chamber



Henshaws Recline XL Chamber

- 1.31 ATA (4.5 psi) operating pressure
- Triple zip system for strength and durability
- 4 transparent viewing windows
- Chamber protection cover (variety of colours available)
- Our most spacious, seated model
- Emergency valve to depressurise at speed
- Easy to operate with internal pressure gauge
- Oxygen delivery under pressure via face mask (optional)
- Internal metal frame to keep shape when deflated
- Recline seat allows ability to sit up
- Oil free air compressor with filtration down to 0.001 microns

Dimensions & Specifications

- Height 110cm / 43"
- Width 70cm / 27.5"
- Length 225cm / 88.5"
- Weight 13kg
- Pressure 1.31 ATA/4.5 psi



THE NORTHWEST
WELLBEING HUB

What is oxygen therapy?

Hyperbaric Oxygen Therapy (HBOT) is a non-invasive procedure that delivers additional oxygen to your body.

There is a high concentrate of oxygen in the hyperbaric chamber, which allows you to breathe oxygen at **97%** concentration. This means your body will absorb up to **40% more oxygen for 8 hours** after the treatment.

By enabling your blood to carry more oxygen through your body, the natural healing process speeds up, reducing inflammation and increasing productions of white blood cells.

Benefits of oxygen therapy

As oxygen therapy enables your body to heal itself more effectively, it is used to treat a range of health conditions, including:

- **Arthritis**
- **Burns**
- **Cancer**
- **Cluster headaches & migraines**
- **Fibromyalgia**
- **Multiple Sclerosis (MS)**
- **Osteoarthritis**
- **Non healing wounds**
- **Brain injuries**

Oxygen therapy can also be beneficial for athletes as it has been found to enhance performance, as well as aid the speed recovery from sprains, tears, fractures, breaks and other acute or chronic sporting injuries.

What happens at my appointment?

When you arrive, you will be taken in the Oxygen Therapy room and shown how the Hyperbaric Oxygen Chamber works, along with making you as reassured and comfortable as possible ready for your session.

Our Henshaw Chamber is the most spacious sated model available and features transparent viewing windows to make your treatment more comfortable.

During your treatment, you will breathe oxygen under pressure, allowing it to diffuse into the blood plasma and tissue.





**To book your consultation contact us at
info@aheadofthefoundation.com**